



## IDA SAND

Ida Sand was born in 1977 into a very musical family in Stockholm. Her family roots lie in Piteå, a town in the far north of Sweden.

Ida's father was a well-known opera singer who sang at the Stockholm Opera for 30 years, her mother is still an active church musician. Both parents were a strong inspiration for young Ida.

She started playing the cello at age 8 but the instrument did not leave much of an impression. Instead, Ida spent more and more time at the piano, singing along while tinkling the keys for hours. She did not let her mum teach her, she wanted to learn for herself and so she did.

At 16, Ida went to study at the music gymnasium in Stockholm and two years later, she went on to the Academy of Music in Gothenburg, where she immersed herself in the city's lively jazz scene.

As fascinating as jazz was to Ida, her musical influences remained Stevie Wonder, Donny Hathaway and Aretha Franklin. After graduating in 2000, she worked continually, spending her time doing nightclub gigs, playing piano bars and soul clubs. Always busy, always learning.

Since Ida started her career as a freelance singer and keyboard player, she has worked with the cream of the crop of the music scene in Sweden: Christian Waltz, Stephen Simmonds, Carola, Lisa Nilsson, Eric Gadd, Bo Kaspers, Jerry Williams, Uno Svenningsson, Jennifer Brown and Nils Landgren, to mention a few.

Ida states:

*“As a kid I was always the tomboy type, jamming and hanging with the boys, learning how to tune guitars, plug in amps and install PA systems instead of skipping rope and discussing boys and cosmetics with the girls.*

*The wish to perform has always been there and many have made plans to mould me into a certain format; something that has always made me shiver reluctantly. All I have ever wanted to do was to play good music. I see myself as a live performer, on stage with my band, playing the music that I love. This is where I feel most comfortable*

*To make a long story short,  
Music is my life and I love to live!”*

### THE ACT COMPANY

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